

## FOR IMMEDIATE RELEASE

### **Martin's Super Markets to host free Women's Health & Wellness Fairs in June**

**SOUTH BEND, IN/May 20, 2008/Martin's Super Markets/** -- Martin's Super Markets will host three Women's Health & Wellness Fairs in June. There are no admission fees, and the fairs are open to the public. All will be held in the stores' Side Door Delis and are co-sponsored by Martin's Pharmacies and Martin's School of Cooking.

Fair hours are 4:00pm until 7:00pm, and will feature free blood pressure and bone mineral density screenings, as well as body fat analysis. Representatives from the American Cancer Society will be on hand to provide information on the prevention, detection and treatment of breast cancer. Sampling of various natural and healthy foods will take place at all three locations as well.

The June 4 Women's Health & Wellness Fair will offer free mammograms, and preregistration is encouraged, as appointment times are limited. For further details and to make an appointment for a mammogram, women are asked to call (888) 455-4450.

Local area exhibitors at all fairs will include major area hospitals, medical centers, hospitals, weight-loss specialists, day spas, fitness centers, nutrition counselors and beauty consultants.

Dates and locations of Women's Health & Wellness Fairs are:

Wednesday, June 4 at Martin's Super Market, 7355 Heritage Square in Mishawaka

Wednesday, June 11 at Martin's Super Market, 3900 E. Bristol Street in Elkhart

Wednesday, June 18 at Martin's Super Market, 1527 Bashor Road in Goshen

Martin's Super Markets was founded in 1947 and currently has 20 stores in South Bend, Mishawaka, Granger, Elkhart, Goshen, Plymouth, Nappanee and Logansport, Indiana, and Niles, Stevensville and St. Joseph, Michigan.

**Contact: Staci Norman**, Pharm.D., CDE and Martin's Pharmacies clinical coordinator, (574) 239-1392, via email at [snorman@martins-supermarkets.com](mailto:snorman@martins-supermarkets.com)

###