

FOR IMMEDIATE RELEASE

Martin's Super Markets School of Cooking to host Frontera Foods chef in September

SOUTH BEND, IN/August 25, 2009/Martin's Super Markets/ -- Martin's Super Markets School of Cooking will feature special guest Chef JeanMarie Brownson, Culinary Director of Frontera Foods, for a September 17 two-session class.

Chef Brownson, along with Rick and Deann Bayless, is co-author of three cookbooks, one of which won the James Beard Foundation's International Cookbook Award. In 1996, Chef Brownson and the Bayless's founded Frontera Foods, Inc., a specialty food company and makers of regional, authentic Mexican foods. Rick Bayless is best known as host of PBS' *Mexico - One Plate at a Time* syndicated television program, seen locally on WNIT-TV.

To accommodate what is anticipated to be high interest in the host chef and her demonstrations, two classes will be offered; one at 4:00 p.m. and another at 6:30 p.m. Tickets are \$40.00 and available at the Customer Service Desk of Martin's Super Markets at Heritage Square, Mishawaka. The Cooking School is located adjacent to the second floor of the store's Side Door Deli. Featuring state-of-the-art KitchenAid appliances, the classroom can accommodate up to 25 students per class.

Class participants will enjoy an interactive experience, with Chef Brownson demonstrating recipes for Tangy Green Guacamole with Jicama and Frontera Tortilla Chips, Tomatillo-braised Pork Loin with White Beans and Bacon, and Berry Salsa, among other dishes. She will also entertain questions and share tips with class members. All students receive copies of featured recipes so that they may recreate the dishes at home. Each class will last approximately 1 ½ hours.

Martin's Super Markets was founded in 1947 and currently has 20 stores in South Bend, Mishawaka, Granger, Elkhart, Goshen, Plymouth, Nappanee and Logansport, Indiana, and Niles, Stevensville and St. Joseph, Michigan.

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