

# FOR IMMEDIATE RELEASE

## Martin's Heritage Square announces three week-long Chef Camps for Kids

**SOUTH BEND, IN/March 19, 2008/Martin's Super Markets/** -- Martin's Super Markets at 7355 Heritage Square, Mishawaka, will host three week-long Chef Camps at the store's School of Cooking Classroom this summer.

Each five-day camp will feature a theme and kitchen-skill-building program appropriate to a child's age group. Each Chef Camper will receive a chef coat and hat, which they may keep, with registration.

Camp themes, camper age groups and lead Camp Chefs are:

### ***Take a Bite Out of Books***

Monday, June 23 through Friday, June 27, daily

Ages: Entering kindergarten through entering 2<sup>nd</sup> grade

Join Chef April Howell for food and fun centered around some of children's favorite books, like *The Very Hungry Caterpillar*, *If you Give a Mouse a Cookie* any many more.

Registration fee: \$125; includes classes and chef's coat and hat to keep.

### ***Chef in Training***

Monday, July 21 through Friday, July 25, daily

Ages: Entering 6<sup>th</sup> grade through entering 8<sup>th</sup> grade

Join Chef Greg Beachey for a hands-on experience for pre-teens and teens who are serious about cooking. Each day will feature a focus on a different aspect of the culinary arts, such as knife skills, baking, soups, seafood and more.

Registration fee: \$150; includes classes and chef's coat and hat to keep.

### ***Around The World***

Monday, August 4 through Friday, August 8, daily

Ages: Entering 3<sup>rd</sup> grade through entering 5<sup>th</sup> grade

Chef April Howell will take campers on a journey around the culinary world. Children will explore foods and cultures of different regions, including the Mediterranean, Asia, Latin America and Western Europe — then back to America.

Reservations and advance tickets are strongly encouraged, as class size is limited. Tickets are available at the Customer Service Office at Martin's Heritage Square. Further information can be obtained by phoning Martin's School of Cooking Coordinator Elise Alexander at (574) 239-1391 or via email at [ealexander@martins-supermarkets.com](mailto:ealexander@martins-supermarkets.com).

Martin's Super Markets was founded in 1947 and currently has 20 stores in South Bend, Mishawaka, Granger, Elkhart, Goshen, Plymouth, Nappanee and Logansport, Indiana, and Niles, Stevensville and St. Joseph, Michigan.

**Contact: Elise Alexander, (574) 239-1391 or [ealexander@martins-supermarkets.com](mailto:ealexander@martins-supermarkets.com)**

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