

FOR IMMEDIATE RELEASE

Martin's Super Markets Pharmacies to offer free glucometer and test strips during two-part class series, *Chatting about Checking: Getting the Most Out of Blood Glucose Monitoring.*

SOUTH BEND, IN/October 8, 2008/Martin's Super Markets/ -- Martin's Super Markets announces the ninth and final class topic in its 2008 pharmacy-sponsored schedule, *Chatting about Checking: Getting the Most Out of Blood Glucose Monitoring.*

The class, consisting of two sessions, is specifically oriented to those who have been diagnosed by their health care provider as diabetic. All registered students will receive a free Abbott blood glucose meter (glucometer) and a 30-day supply of free test strips at Session I. The Freedom, as well as the FreeStyle Lite, will be the free glucometers models featured at Session I. In addition, students will receive detailed instructions on how to use their new meter from Connie Conjalka, Diabetes Sales Representative, Abbott Diabetes Care.

Session II will provide follow-up counseling, as well as offer 50 additional free test strips to those who have attended both sessions and complete the 30 day challenge

Classes will be directed by Staci Norman, Pharm.D., CDE and Martin's Pharmacies clinical coordinator.

Due to the specialized topic, as well as the personalized instruction participants will receive, each free two-session class will be limited to 10 students. Pre-registration is required, and attendance at both sessions is required for students to qualify for their free glucometer and test strips.

Class locations, dates, times and Martin's Pharmacy phone numbers are:

Mishawaka	7355 Heritage Square	Session I: Tues., Nov. 11 at 1:00pm Session II: Tues., Dec. 9 at 1:00pm
South Bend	926 Erskine Plaza	Session I: Wed., Nov. 12 at 1:00pm Session II: Wed., Dec. 10 at 1:00p,m
Goshen	1527 Bashor Road	Session I: Thurs., Nov. 13 at 1:00pm Session II: Thurs., Dec. 11 at 1:00pm

Martin's Super Markets was founded in 1947 and currently has 20 stores in South Bend, Mishawaka, Granger, Elkhart, Goshen, Plymouth, Nappanee and Logansport, Indiana, and Niles, Stevensville and St. Joseph, Michigan.

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